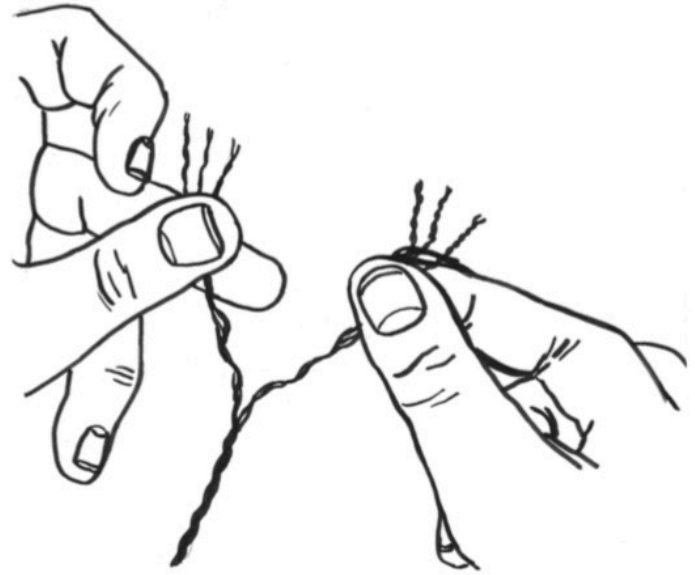




Cut your thread the length of your thumb to your shoulder.



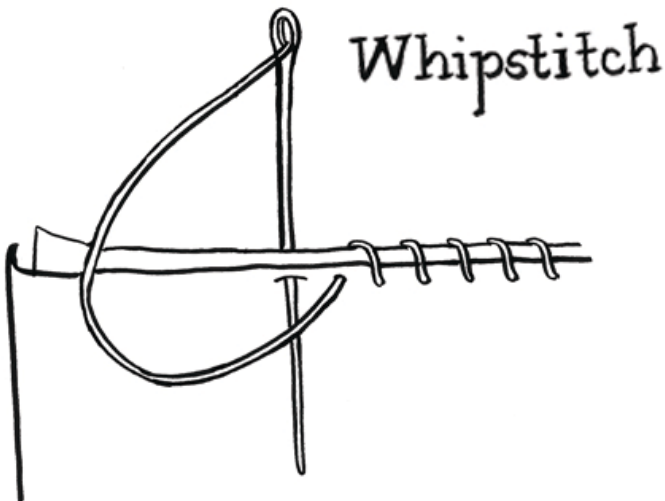
Separate your thread s-l-o-w-l-y into two groups of 3 strands.



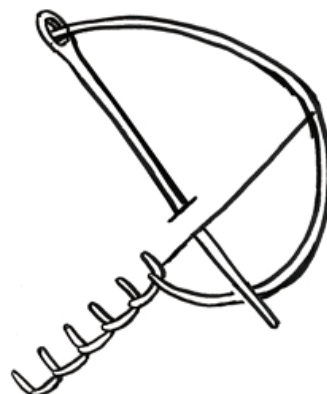
Backstitch



Running
Stitch



Whipstitch



Blanket
Stitch